

Issue #3 • June 2026

Better Together



PLUS

Upcoming Events
& Summer Health Tips



Employee Spotlight

IRENE LAM

Pharmacist

Irene Lam has been working with the public since she was eight years old, helping out at her parents' takeout restaurant. She did not know it then, but those early years taught her something she has carried through her entire career: that the most important part of any job is the person in front of you.

"I like dealing with people," she says simply. Her 29 years at Rite Aid, much of it spent building relationships with the same customers year after year, is proof that she means it. During her time there, Irene's store was highlighted multiple times for exceeding goals, and she is proud of every bit of it. "I'm super proud of being able to be a part of that team," she says.

Beyond the Counter

Outside of the pharmacy, Irene has a life that keeps her moving in every sense. She runs marathons and competes in triathlons, which anyone who has trained for either knows it takes a kind of commitment that goes well beyond the starting line. When she is not in training mode, she loves to read, which she describes as one of her favorite ways to unwind.

Starting from Day One

Ask Irene what she is most excited about at Kinexion LTC Pharmacy, and you will hear real enthusiasm in her answer.

"I'm so excited about starting from day one and building the business from the ground up," she says. "Being here from the beginning and watching it grow, the possibilities are endless and it's so exciting."

- Irene Lam, Pharmacist, Kinexion LTC Pharmacy

That is the kind of energy that belongs at the start of something. Irene brings decades of experience, a genuine love for the people she serves, and the kind of steady, grounded patience that this community deserves. We are very glad she is here.

Advice for Someone Pursuing a Career in the ID/DD Community

When asked what she would tell someone considering a career working with the intellectual and developmental disability community, Irene's answer is warm and direct. "It's a great community. Just be yourself, be patient, have an open mind, volunteer more, and be present." And we could not agree more.

Welcome to the team, Irene.

Kinexion LTC Pharmacy is better because you are in it from day one.



A Letter From The Executive Director

Summer is here, and so is the kind of energy that makes this work feel even more alive. Events are on the calendar, communities are gathering, and the agencies and individuals we serve are out there doing what they do best: being part of something.

That is something we at Kinexion LTC Pharmacy want to be part of too. Not just as a pharmacy sending medications and checking boxes, but as a genuine presence in this community. We care about the organizations doing this work every day, the families behind them, and the individuals at the center of it all. Showing up for them matters to us, and we want to do more of it.

That starts with knowing what is happening. If your organization has an event coming up, we want to be involved. A fundraiser, a golf outing, a luncheon, a reception, or anything in between, reach out and tell us. We would love to be there, help promote it, and stand alongside you in support. Building strong, genuine relationships with the agencies we partner with is not a side note for us. It is the whole point.

We are still in the early chapters of what Kinexion LTC Pharmacy can be. We could not be more excited about where this is going.



Always in your corner,

Glenn Schiotis
Executive Director
Kinexion LTC Pharmacy
*"Built by the community,
for the community."*

Have an event coming up? We want to be there. Reach out to Glenn directly:

Email: gschiotis@kinexionltcpharmacy.com

Phone: (631) 509-1470

Community Spotlight



Long Island Select Healthcare, known as LISH Care, has been doing something quietly remarkable for a decade: building a health system designed specifically for the people who need it most.

LISH Care is a 16-specialty Federally Qualified Health Center and NYS Article 16 Rehabilitation Clinic serving over 8,500 patients across Suffolk County. More than 60 percent of their patient population includes individuals with developmental disabilities, autism, and special needs, which sets them apart from virtually every other community health center on Long Island. Their network of clinics spans Central Islip, Hauppauge, Smithtown, Manorville, Center Moriches, Riverhead, and now Port Jefferson Station, right around the corner from us.

A New Clinic Right Down the Road

Earlier this year, LISH Care celebrated its 10th anniversary by opening a brand-new clinic in Port Jefferson Station. The ribbon-cutting brought together community leaders and elected officials to mark what CEO Aaron Clark called a continuation of their mission: to find people where they are and make quality care accessible, regardless of insurance status or ability to pay. Suffolk County Executive Ed Romaine was among those who praised the expansion, calling LISH Care essential to the fabric of Suffolk County healthcare.

A \$2.3 Million Investment in Access

In June, OPWDD announced that LISH Care is the third-largest recipient of a \$25 million statewide investment to improve healthcare access for people with developmental disabilities, receiving \$2.3 million for their Eastern Suffolk Integrated Healthcare Access Expansion project.

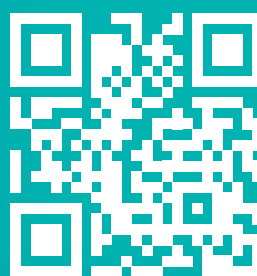
The funding will support dedicated medical and dental treatment rooms, sensory-friendly spaces, wheelchair-accessible exam areas, and the acquisition of a new mobile healthcare unit that will bring primary care and dental services directly into group homes, day habilitation programs, and underserved communities across all of Suffolk County. This is exactly the kind of investment this community deserves.

1st Annual Benefit Golf Classic

Long Island Select Healthcare (LISH Care)

Date: Monday, August 3, 2026

LISH Care is hosting its very first Annual Benefit Golf Classic this summer. Kinexion LTC Pharmacy is proud to be part of the golf committee and we hope to see many of you there in support of an organization doing critical work for our shared community.



Scan the QR code to register or learn about sponsorship opportunities at golf.lishcare.org.

Upcoming Events

There is a lot happening across the community this fall. Here is a look at what is on the calendar. We plan to be at as many of these as we can, and we hope to see you there.

IGHL's 36th Annual Golf Outing

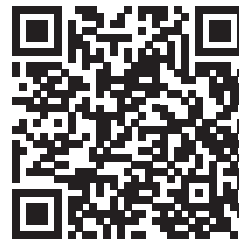
Independent Group Home Living (IGHL)

Date: Monday, September 14, 2026

Location: Westhampton Country Club

IGHL has been providing services to people with intellectual disabilities across Suffolk County for over 40 years. Their annual golf outing at the prestigious Westhampton Country Club is one of the community's most

beloved events, raising funds that go directly toward residential, day habilitation, and family support programs.



Scan the QR code to register or sponsor. More info at ighl.givecloud.co/ighl-golf-outing-2026 or contact Jeremy Grand at JGrand@ighl.org or 631-878-8900 ext. 1392.

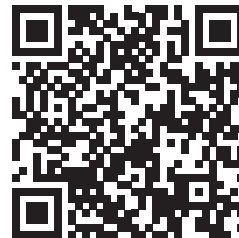
Angela's House Golf Outing

Angela's House

Date: Thursday, September 17, 2026

Location: Stonebridge Country Club

Angela's House provides home care and support for medically fragile children and adults with disabilities across Long Island. Their annual Arthur & William J. Pace Memorial Golf Outing is a meaningful day on the course



Scan the QR code to register or donate at angelahouse.rallybound.org/2026AHPacesGolfOuting

16th Annual Women's Empowerment Fashion Fling

Hosted by Kinexion

Date: Sunday, October 18, 2026

Location: Westhampton Country Club

Now in its 16th year, this event celebrates the strength, resilience, and accomplishments of women and girls with disabilities across the Kinexion network. The day features a fashion

show with community models in styles from Tanger Outlets, a formal luncheon, raffle baskets, and the Kinexion Network Women's Empowerment Grant presentation.



Scan the QR code for more information. Contact Christine Cassamassino at CCassamassino@kinexion.org or call 631-644-2353

Summer Health Tips

Summer is the best time to get outside, and the best time to make sure the people we support are doing so safely. Two of the most common summer health risks are also two of the most preventable: dehydration and sun damage. A little preparation goes a long way.

Staying Hydrated

Most people do not feel thirsty until they are already on their way to being dehydrated, and for individuals who have difficulty recognizing or communicating how they feel, that window is even narrower. Staying ahead of thirst is the goal, especially on hot days or during any kind of physical activity.

Practical Hydration Habits:

- Offer water consistently throughout the day, not just when someone asks for it
- Water-rich foods like watermelon, cucumbers, and citrus can help supplement fluid intake
- Limit caffeine and sugary drinks in the heat, as they can contribute to fluid loss
- If someone requires physician-ordered fluid restrictions, work with the RN and prescribing physician to navigate warm weather safely

Watch for signs of dehydration:

- Dry mouth, cracked lips, or dark urine
- Unusual fatigue, dizziness, or headache
- Decreased urination or confusion

If dehydration is suspected, contact the RN or physician promptly. Severe dehydration can escalate quickly.

Sun Protection

UV exposure can cause sunburn in as little as 15 minutes, even on overcast days or when someone is in the water. Some medications, particularly certain antibiotics, antipsychotics, and diuretics, increase sensitivity to the sun. Knowing each individual's medication profile is part of keeping them safe outdoors.

Before heading outside:

- Apply SPF 30 or higher broad-spectrum sunscreen 15 to 30 minutes before sun exposure
- Reapply every two hours, or more frequently if someone is swimming or sweating
- Cover all exposed areas, including ears, the back of the neck, and the tops of the feet
- Provide UV-protective sunglasses and hats for outdoor activities

What to watch for:

- Redness, pain, or skin that feels warm to the touch after outdoor time
- Blistering requires physician contact; do not attempt to treat it at home
- Medication-related sun sensitivity may cause a more severe reaction than expected, even with limited exposure

When in doubt, seek shade, cover up, and reach out to the RN for guidance.

People's Arc of Suffolk Golf Classic

Honoring Elene Bara



We had a wonderful time at the People's Arc of Suffolk Annual Golf Classic on June 2nd at Stonebridge Country Club, and we were proud to be part of it.

People's Arc of Suffolk has been providing a remarkable range of services to individuals with intellectual and developmental disabilities across Long Island for decades. Their programs span adult day services, children's services, residential housing, supported employment, respite care, and community habilitation. They also operate the People's Arc Performing Arts Center in Northport and the Nature Community Center in West Sayville, two programs that speak to the depth of their commitment to full, meaningful lives for the people they serve.

This year's Golf Classic honored Elene Bara, and the day reflected everything that makes these community events so important: great people, a great cause, and a reminder of why showing up matters.

The weather was beautiful, the energy on the greens said it all, and Kinexion LTC Pharmacy is grateful to have been a part of it. This is what community looks like.



About People's Arc of Suffolk

People's Arc of Suffolk provides residential, day, employment, respite, and community habilitation services for individuals with intellectual and developmental disabilities across Long Island. Their mission is rooted in the belief that every person deserves to live a full and meaningful life.



Scan the QR code to learn more about People's Arc of Suffolk and how to get involved.

Switching Long Term Care Pharmacies

Can Seem Daunting.

We understand that if your facility is at a place to make the move, things are not going the way they should be. Our team members are experts at prescription transferring, facility/pharmacy transitioning, training, and making sure your pharmacy needs are met with excellence and consistency.

These are improvements your facility will notice when making the switch to Kinexion LTC Pharmacy:

There is no delay.

Your residents will receive their prescriptions when needed and on time.

A friendly voice.

We listen to your problems and do our best to solve them immediately.

LTC nurses can focus on patient care, not pharmacy issues.

We want your medical staff to do what they do best, care for patients. Your nursing administration staff should not have to worry about pharmacy problems or worry if prescriptions will be delivered.

Positive pharmacy experience.

Our team is here to serve your facility, your staff, and your residents. It is hard to put a value on excellent care until you do not have it.

Staff time is spent with residents.

We do not want your staff stuck on the phone trying to figure out where Medication Administration Records are, or when you will receive them. You can count on MARs to show up the same day every month with Kinexion LTC Pharmacy.

Training provided

We know the process of reordering medications can be burdensome. That is why we supply all of our new facility partners with ample training on our web portal to fit your needs. Here is what you can expect during the training process:

- Connecting our nurse consultants with your agency's nurses and staff on a Zoom call to introduce one another and the web portal.
- Weekly, monthly, or as-needed trainings.
- A training manual with detailed step-by-step directions of the web portal.
- Access to our nurse consultants and team to troubleshoot any questions.

With Kinexion LTC Pharmacy's web portal, reordering medications can be done in only 15 minutes each week!

Call Us Today to Discover the Difference in Your Pharmacy Care.

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